Impact of MTHFR rs1801133, MTHFR rs1801131 and ABCB1 rs1045642 polymorphisms with increased susceptibility of rheumatoid arthritis in the West Algerian population: a case-control study

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ABSTRACT

Rheumatoid arthritis (RA) is an autoimmune disease that results in a chronic systemic inflammation. A few genetic epidemiologic studies found a potential association between genetic polymorphisms C677T (rs1801133) and A1298C (rs1801131) of methylenetatrahydrofolate reductase (*MTHFR*) gene and C3435T (rs1045642) of ATP-Binding cassette (*ABCB1*) gene and the increased risk for RA.

The aim of this case-control study was to determine the relationship between these polymorphisms and RA susceptibility in West Algerian population.

The dataset of the current study is composed of 110 RA patients and 101 healthy controls. All samples were genotyped for theses polymorphisms by TaqMan® allelic discrimination assay. Data were compared between cases and controls by the calculation of the odds ratio (OR) with a confidence interval at 95%.

After age and RA erosion-stratified analyzes, no differences in genotypes or alleles frequencies distribution were found for *MTHFR* C677T (rs1801133) and *ABCB1* C3435T (rs1045642) polymorphisms between RA cases and controls. However, the *MTHFR* A1298C (rs1801131) polymorphism presented a significant distribution in RA with age \geq 40 (Genotypic data: p=0.007, OR=13.53[1.44-63.31], Allelic data: p=0.001, OR=2.39[1.39-4.1]), and in RA erosive form (Genotypic data: p=0.002, OR=6.92[1.68-30.23], Al-

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lelic data: p=0.0001, OR=2.43[1.54-3.85]). These results were confirmed after the Bonferroni correction.

In this study we have showed, for the first time in the West Algerian population, that the *MTHFR* A1298C (rs1801131) polymorphism can be associated with rheumatoid arthritis.

INTRODUCTION

Rheumatoid arthritis (RA) is the most common form of chronic inflammatory rheumatism. It is an autoimmune and degenerative disease, which is characterized by arthritis often bilateral and symmetrical, relapsing into the deformation and destruction of joints¹.

The prevalence of RA has been estimated approximately at 1% of the world population^{2,3} and in Algeria at 0.15 % of the adult population (incidence 30.000)⁴.

As most human diseases, the RA has genetic components. Several genes implicated in immune function were involved in RA susceptibility such as: major histocompatibility complex (*MHC*) genes, cytotoxic T lymphocyte antigen 4 (*CTLA4*), protein tyrosine phosphatase non-receptor type 22 (*PTPN22*), interleukin 10 (*L10*)⁵. However, a few studies of RA susceptibility were interested by the polymorphisms of genes involved in folate pathway.

The folate pathway interfere with other pathways such the homocysteine, the *de novo* purine and pyrimidine synthesis. Moreover, the aminoimidazole carboxamide adenosine ribonucleotide (AICAR) transformylase (ATIC) is an enzyme involved in the *de novo* purine synthesis pathway responsible for the conversion of AICAR into formyl-AICAR (FAICAR). In fact, the effect of deficiencies in folate pathway is to lead to adenosine production that will conduct to an increasing of

363

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pro-inflammatory cytokine secretion6.

The methylenetetrahydrofolate reductase *MTHFR* enzyme is essential for intracellular folate homeostasis and metabolism⁷. It converts the 5 tetrahydrofolate (5-methyl-THF) to the 5,10-methyl tetrahydrofolate (5,10-methyl-THF) which catalyzes the conversion of homocysteine to Methionine, necessary to the methylation reactions of nucleotides in DNA, RNA and proteins^{8,9}. The folate deficiency induces a hyper-homocysteine that will lead to an increasing of pro-inflammatory cytokine secretion⁷. On the other hand, the 5,10-methyl-THF is required in the conversion of Uracil to Thymine (pyrimidine synthesis)¹⁰.

The *MTHFR* enzyme has several crucial cellular processes; its deficiency increases the secretion of pro-inflammatory cytokine and the joint lesions in synovial tissues by incorporation of uracil¹¹. Many functional polymorphisms were reported in *MTHFR* gene⁸ and two of them, C677T (Ala222Val, rs1801133) and A1298C (Glu429Ala, rs1801131) are the most studied because the alleles *MTHFR* 677T and *MTHFR* 1298C reduce the expression of *MTHFR* enzyme⁸. In some previous studies, the effect of *MTHFR* C677T (rs1801133) and *MTHFR* A1298C (rs1801131) polymorphisms on RA susceptibility gave a variable results^{11,12}.

Another gene implicated in folate metabolism, the ATP-Binding cassette subfamily B, member 1 (ABCB1) gene has interested a few researches. The ABCB1 gene code for a P-glycoprotein (P-gp)¹³ that acts as a pump for folate, cytokine (particularly IL-1, IL-2, IL-4 and IFN-¹⁴) and drug transport¹⁵. The ABCB1 C3435T polymorphism (rs1045642) is the most studied because the allele ABCB1 3435T decreases the enzymatic activity of P-gp¹⁶, and then reduces the number of the transporters in the cell¹⁶. This lack of transporters induces secretion disequilibrium of cytokine¹⁵. In fact, Tsujimura et al. have demonstrated that the level of P-gp expression on RA lymphocytes was closely correlated with the disease in each patient¹⁷. For that, the ABCB1 C3435T (rs1045642) polymorphism was already studied in RA susceptibility^{18,19}.

Many roles of these genes make a plausible hypothesis that their polymorphisms may be considered as a predictive factors associated with the increased susceptibility for RA; therefore, the aim of the current study is to determine the relationship between *MTHFR* C677T (rs1801133), *MTHFR* A1298C (rs1801131) and *ABCB1* C3435T (rs1045642) polymorphisms and RA susceptibility in a sample of West Algerian population.

PATIENTS AND METHODS

DATASET

Our dataset was collected from the West Algerian population which is composed of 110 RA patients and 101 healthy controls. Each participant gave his informed consent to participate in the study. The subjects were randomly selected in rheumatology service of Hospital-University Center of Oran (CHUO, Oran, Algeria). The RA patients were diagnosed according to the revised criteria of American College of Rheumatology (ACR) in 1987²⁰ and reclassified according to ACR/European League Against Rheumatism (EULAR) criteria in 2010²¹. The patients included in this study have been already treated with MTX as monotherapy for at least 6 months (mean dose of MTX =12.67 mg/ /week). The MTX was prescribed as a treatment in the first-line (dose of MTX= 15 mg/week). To prevent its toxicity, the folic acid supplementation was prescribed once a week for all patients with the same dose of MTX (mean dose folic acid =12.67 mg/week). Clinical data were established by the blood analysis, the revision of the medical records and questioning of each patient including age, sex, disease history, smoking habits and family history. The group of controls had no history of RA or any chronic disease.

The patients and controls groups were stratified according age and RA erosion. For age adjustment two groups were set as follow: under 40 years and over 40 years. After the RA erosion stratification, two groups were developed: presence and absence of RA erosive form.

GENOTYPING

DNA was isolated from peripheral white blood cells by a standard manual salting-out method²². The allelic discrimination of *MTHFR* C677T (rs1801133), *MTHFR* A1298C (rs1801131) and *ABCB1* C3435T (rs1045642) polymorphisms were assessed using Taq--Man genotyping assays (Applied Biosystems, Foster City, CA). For a reproductive data, two reference samples (from CEPH "Centre d'Etude du Polymorphisme Humain" families) were co-genotyped with all our samples. Moreover, ten percent of randomly chosen samples were genotyped in an independent experiment.

STATISTICAL ANALYSIS

Statistical description for continuous variables of the tested samples was indicated by a mean and a standard deviation (±SD); for categorical variables the statistical data were described in number and frequency.

Chi-square (χ^2) test was performed for each polymorphism to determine whether the control sample demonstrated Hardy-Weinberg equilibrium.

Comparisons of the distribution of the demographic variables (Age, gender) between cases and controls and the polymorphisms frequencies distribution regarding cases and controls study were performed with Program Epi InfoTM version 7. P values were considered as statistically significant when p<0.05. Alleles and genotypes risk were assessed using Odds Ratio (OR) and confidence interval values (CI) at 95%. The Bonferroni correction threshold for a significance of association at 0.0166 was mentioned considering the number of test performed. Multivariate analysis regressions were used to calculate the odds ratios (for RA status, RA with erosive form and controls) and were adjusted for age, gender, BMI and smoking status. These analyses were performed with the SAS version 9.1 software (SAS Institute Inc., Cary, NC, USA).

To test linkage disequilibrium between *MTHFR* C677T (rs1801133), *MTHFR* A1298C (rs1801131) polymorphisms we have calculated the *D*' using the Haploview 4.2 software. The THESIAS 3.1 software²³ was required to determine the haplotypes from genotypes between these polymorphisms and for the analysis of the haplotypes distribution between cases and controls groups.

RESULTS

DATASET DESCRIPTION

We studied 110 RA patients and 101 controls; the characteristics of this dataset are presented in Table I. The distribution of gender and age is similar between cases and controls, which indicate a matched dataset study. In fact, the mean age of RA cases was 48.8 ± 13.4 even as mean age of controls 47.3 ± 15.3 (p value=0.6). Furthermore, the sex ratio in RA cases was 99 females per 11 males while in the controls it was 88 females per 13 males (p value=0.5).

MTHFR C677T (RS1801133), MTHFR A1298C (RS1801131) AND ABCB1 C3435T (RS1045642) POLYMORPHISMS AFTER AGE AND RA EROSION STRATIFICATIONS

MTHFR C677T (RS1801133) AND MTHFR A1298C (RS1801131) POLYMORPHISMS All genotypes distribution in control subjects were in Hardy-Weinberg equilibrium for *MTHFR* C677T (rs1801133) and *MTHFR* A1298C (rs1801131) polymorphisms (respectively: p=0.16 and p= 0.30).

The total of the explored healthy group was equal to 89 for *MTHFR* C677T (rs1801133) polymorphism, because twelve controls could not be analyzed. After age and RA erosion adjustments, there was no significant frequencies distribution of the *MTHFR* C677T (rs1801133) polymorphism between cases and controls (Tables II, III).

For the MTHFR A1298C (rs1801131) polymorphism, we don't obtain any result concerning four controls and one case; so the total of healthy and cases samples was 97 and 109 subjects respectively. We observed a significant frequencies distribution for the MTHFR 1298CC genotype between RA cases with age \geq 40 and controls (p=0.007, OR=13.53 [1.44-63.31]). This significance was increased when we consider genotypes with at least one C allele (MTHFR 1298CT+ 1298CC) (p=0.0003, OR= 4 [1.84-8.69]). The association was confirmed by allelic data analysis (p=0.001, OR=2.39 [1.39 -4.1]) (Table II). Similarly, after RA erosion stratification (Table III), a significant frequencies distribution was found between RA patients with erosion and healthy subject for the MTHFR A1298C (rs1801131) polymorphism (Genotypic analysis: p= 0.002, OR=6.92 [1.68-30.23], Allelic analysis: p=0.0001, OR= 2.43 [1.54-3.85]). These results were confirmed after the Bonferroni correction.

Moreover, the haplotype analyses showed that these two polymorphic sites are in high linkage disequilibrium (LD) (D =95). After the analysis of the distribution of differences haplotypes between cases and controls, the results showed that the MTHFR 677C/1298C haplotype was significantly under-represented in RA cases with age \geq 40 and RA patients with erosive form (respectively: p=0.00005, OR=10.41 [2.85-42.12] and p= 0.0002, OR= 4.6 [2.07-10.21]) (Tables II, III). The 677T/1298A haplotype also presented a significant frequencies distribution between RA patients with age \geq 40 and controls group (p=0.004, OR= 3.58 [1.45-8.83]) and between RA cases with erosive form and healthy subjects (p=0.001, OR= 3.72 [1.58-8.71]). These significant distributions were found after the Bonferroni test.

ABCB1 C3435T (RS1045642) POLYMORPHISM

All distributions in control subjects were in Hardy--Weinberg equilibrium for *ABCB1* C3435T (rs1045642) polymorphism (p=0.39).

	RA patients (n=110)	RA patients with erosive disease (n=72)	Controls (n=101)	
Variables	n (%)	n (%)	n (%)	p value
Patients related				
Gender (female/male)	99/11	65/7	88/13	0.9
Age (years) (mean± SD)	48.8 ±13.4	46.2±14.4	47.3±15.3	0.2
BMI median (IQR) kg/m2	26.12 (10.16-51.11)	26 (10.1-51)	26.3 (11.1-48.9)	0.5
Current smokers, n (%)	2	1	3	0.1
NPY, median (IQR)	18.6 (0.8–118.0)	18.6 (0.8-118.0)	17.2 (1.1-101)	0.5
Disease related				
Duration of the disease (years) (mean± SD)	9.2 ±8.9	8.3±8.2		0.2
FR positivity n (%positive)	97 (88.18%)	63 (87.5%)		0.09
Anti-CCP n (%positive)	99 (90%)	66 (91.6%)		0.7
Erosion n (%positive)	72 (65.45%)	72 (100%)		0.06
DAS28 (mean± SD)	3.5± 1.2	3,4 ±1.1		0.5
Individual variable of DAS28				
TJC (out of 28), median (IQR)	3 (0.0-25.0)	3 (0.0-23.5)		0.1
SJC (out of 28), median (IQR)	2 (0.0-23.0)	2 (0.0-26.0)		0.08
ESR, median (IQR), minutes (1st hour)	17.0 (2.0-72.0)	16.0 (2.0-84.0)		0.06
Global health on VAS, median (IQR)	40.0 (0.0-100.0)	41 (0.0-100.0)		0.1
HAQ score, median (IQR)	1.0 (0.0-2.5)	1.1 (0.0-2.3)		0.09
Treatment related				
MTX Dose (mg/week) (mean± SD)	12.67±2.33	12±2.254		0.05
Duration of MTX treatment (months)				
(mean± SD)	28.5±33.08	25.3 ± 32.1		0.5
Non- Corticosteroid n (%)	52 (47.27%)	32 (44.44%)		Reference
Corticosteroid n (%)	58 (52.72%)	40 (55.55%)		0.2
Non- NSAIDs n (%)	63 (57.27%)	39 (54.16%)		0.5
NSAIDs n (%)	47 (42.72%)	33 (45.83%)		Reference

TABLE I. DEMOGRAPHIC AND CLINICAL CHARACTERISTICS OF RA PATIENTS AND CONTROLS

n: number, %: frequency, NPY: number of cigarettes smoked per day × number of years smoking/20, MTX: methotrexate,

NSAID: non steroidal anti-inflammatory drugs, IQR: interquartile range, Anti-CCP: anti-cyclic citrullinated peptide, BMI: body mass index; DAS28: disease activity score 28, HAQ: health assessment questionnaire, RF: rheumatoid factor, SD: standard deviation, SJC: swollen joints count, TJC: tender joints count, VAS: visual analog scale, ESR: erythrocyte sedimentation rate

After age adjustment, the genotypes *ABCB1* 3435TT +3435CT were more frequent in the RA group with age <40 than in the healthy group (p=0.03, OR= 3.51 [1.02-12.09]) (Table II); these genotypes were also more frequent in the RA group with age \geq 40 than in controls group (p=0.03, OR= 2.07 [1.03-4.16]). No difference of frequencies distribution was found when we analyze the allelic data. After the Bonferroni correction, no association was found between the *ABCB1* 3435TT +3435CT genotypes and increased risk for RA.

Considering the RA erosion-stratified analysis, results showed a significant difference of frequencies distribution of the *ABCB1* 3435TT +3435CT genotypes between RA patients with erosive form and controls group (p=0.02, OR=2.11 [1.11-4.01] (Table III). However, after the Bonferroni correction this significant distribution was lost.

DISCUSSION

In the present work, we explore the impact of *MTHFR* C677T (rs1801133), *MTHFR* A1298C (rs1801131) and *ABCB1* C3435T (rs1045642) polymorphisms on RA susceptibility, in a case-control study performed on a West Algerian population.

		Ag	e < 40			Ā	ge≥ 40	
	Cases	Controls	•		Cases	Controls	-	
	(%) u	(%) u	p value	(1) %CY) XU	(%) u	(%) u	p value	(1) %CY) NU
MTHFR C677T, rs1801133	(<i>n</i> =38)	(n=39)			(n=72)	(<i>n</i> =50)		
Genotypes								
677CC	19 (50)	24 (61.5)		1^{b}	22 (30.5)	24 (48)		1^b
677CT	15 (39.4)	14 (35.8)			48 (66.6)	24 (48)		
677TT	4(10.5)	1 (2.5)	0.17	5.05 [0.43-258.96] ^a	2 (2.7)	2 (4)	1	1.09 [0.07-16.22] ^a
677CT+677TT	19 (50)	15 (38.4)	0.30	1.60 [0.64-3.95]	50 (69.4)	26 (52)	0.05	2.09 [0.99-4.43]
Alleles								
677C	53 (69.7)	62 (79.4)		1^{b}	92 (63.8)	72 (72)		1^b
677T	23 (60.5)	16 (20.5)	0.16	1.68 [0.8-3.51]	52 (36.1)	28 (28)	0.18	1.45 [0.83-2.52]
MTHFR A1298C, rs1801131	(n=38)	(n=41)		(n=71)	(<i>n</i> =56)			
Genotypes								
1298AA	10 (26.3)	21 (51.2)		1^{b}	15 (21.1)	29 (51.7)		1 ^b
1298AC	24 (63.1)	16 (39.02)		49 (73.8)	26 (46.4)			
1298CC	4 (10.5)	4 (9.7)	0.42	2.1 [0.43-10.16] ^a	7 (9.8)	1 (1.7)	0.007*	13.53 [1.44-63.31] ^a
1298AC+1298CC	28 (73.6)	20 (48.7)	0.05	2.94 [1.14-7.5]	56 (78.8)	27 (48.2)	0.0003*	4 [1.84-8.69]
Alleles								
1298A	44 (57.8)	58 (70.7)		1^{b}	79 (55.6)	84 (75)		1^{b}
1298C	32 (42.1)	24 (29.2)	0.09	1.75 [0.9-3.39]	63 (44.3)	28 (25)	0.001^{*}	2.39 [1.39-4.1]
Haplotypes								
C677T/A1298C	(n=38)	(n=39)		(n=71)	(<i>n</i> =50)			
677C/1298A	16 (42.1)	21 (53.8)		1^{b}	12 (16.9)	25 (50)		1^{b}
677 C/1298C	19 (50)	15 (38.4)	0.20	1.66 [0.65-4.25]	25 (35.2)	5 (10)	0.00005*	10.41[2.85-42.12] ^a
677T/1298A	2 (5.2)	1 (2.5)	0.50	2.62 [0.12-162.1] ^a 3	1(43.6)	18 (36)	0.004*	3.58 [1.45-8.83]
677T/1298C	1 (2.6)	2 (5.1)	1	0.65 [0.05-7.89] ^a	3 (4.2)	2 (4)	0.31	3.12 [0.45-21.25] ^a
ABCB1 C3435T, rs1045642	(n=38)	(<i>n</i> =41)		(n=72)	(<i>u</i> = <i>6</i> 0)			
Genotypes								
3435CC	4 (10.5)	12 (29.2)		1^b	29 (40.2)	35 (58.3)		1^b
3435CT	32 (84.2)	24 (58.5)		39 (54.1)	17 (28.3)			
3435TT	2 (5.2)	5 (12.1)	1	1.2 [0.08-12.08] ^a	4 (5.5)	8 (13.3)	0.53	0.60 [0.12-2.55] ^a
3435CT+3435TT	34 (89.4)	29 (70.7)	0.03	3.51 [1.02-12.09] ^a	43 (59.7)	25 (41.6)	0.03	2.07 [1.03-4.16]
Alleles								
3435C	40 (52.6)	48 (58.5)		1^{b}	97 (67.3)	87 (72.5)		1^b
3435T	36 (473)	34 (41 4)	0 45	1 27 [0 67-2 38]	47 (65.2)	33 (27.5)	0 36	1 27 IN 75-2 171

n: number, %: frequency, OR: odds ratio, CI: confidence interval, p: significance, b: genotype saved as reference category, RA: rheumatoid arthritis, p: p value and considered as statistically significant at p<0.05, *: p still statistically significant after Bonferroni correction, a: fisher exact test.

367

TABLE III. DISTRIBUTION OF GENOTYPES AND FREQUENCY OF ALLELES OF THE MTHFR C677T,MTHFR A1298C AND ABCB1 C3435T POLYMORPHISMS AND ITS ASSOCIATION WITH RISK OF RA AFTERRA EROSION ADJUSTMENT

					Non-		
	Erosion	Controls			-erosion		
	n (%)	n (%)	p value	OR (95% CI)	n (%)	p value	OR (95% CI)
MTHFR C677T, rs1801133	(n=72)	(n=89)		(n=38)			
Genotypes							
677CC	28 (38.8)	48 (53.9)		1^{b}	13 (34.2)		1^b
677CT	41 (56.9)	38 (42.6)			22 (57.8)		
677TT	3 (4.1)	3 (3.3)	0.66	1.71 [0.21-13.6]	3 (7.8)	0.14	3.69 [0.66-20.48] ^a
677CT+677TT	44 (61.11)	41 (46.06)	0.06	1.83 [0.97-3.45]	25 (65.7)	0.05	2.25 [1.02-4.95]
Alleles							
677C	97 (67.3)	134 (75.2)		1^b	48 (63.1)		1^b
677T	47 (32.6)	44 (24.7)	0.06	1.57 [0.96-2.55]	28 (36.8)	0.05	1.77 [0.99-3.16]
MTHFR A1298C rs1801131	(n=71)	(n=97)		(n=38)			
Genotypes							
1298AA	13 (18.3)	50 (51.5)		1^b	12 (31.5)		1^b
1298AC	49 (69.01)	42 (43.2)			24 (63.1)		
1298CC	9 (12.6)	5 (5.1)	0.002*	6.92 [1.68-30.23] ^a	2 (5.2)	0.60	1.66 [0.14-11.72] ^a
1298AC+1298CC	58 (81.6)	47 (48.4)	0.00001*	4.7 [2.3-9.76]	26 (68.4)	0.05	2.3 [1.04-5.08]
Alleles							
1298A	75 (52.8)	142 (73.1)		1^b	48 (63.1)		1^b
1298C	67 (47.1)	52 (26.8)	0.0001*	2.43 [1.54-3.85]	28 (36.8)	0.13	1.59 [0.9-2.8]
Haplotypes	(n=71)	(n=87)		(n=38)			
C677T/A1298C							
677C/1298A	16 (22.5)	46 (52.8)		1^{b}	12 (31.5)		1^b
677C/1298C	32 (45.07)	20 (22.9)	0.0002*	4.6 [2.07-10.21]	12 (31.5)	0.08	2.3 [0.88-5.98]
677T/1298A	22 (30.9)	17 (19.5)	0.001*	3.72 [1.58-8.71]	11 (28.9)	0.06	2.4 [0.92-6.67]
677T/1298C	1 (1.4)	4 (4.5)	1	0.71 [0.01-8.03] ^a	3 (7.8)	0.30	2.8 [0.36-19.27] ^a
ABCB1 C3435T, rs1045642	(n=72)	(n=101)		(n=38)			
Genotypes							
3435CC	21 (29.1)	47 (46.5)		1^{b}	12 (31.5)		1^b
3435CT	49 (68.05)	41 (40.5)			22 (57.8)		
3435TT	2 (2.7)	13 (12.8)	0.24	0.34 [0.03-1.75] ^a	4 (10.5)	0.70	1.2 [0.33-4.36] ^a
3435CT+3435TT	51 (70.8)	54 (53.4)	0.02	2.11 [1.11-4.01]	26 (68.4)	0.11	1.88 [0.85-4.14]
Alleles							
3435C	91 (63.1)	135 (66.8)		1 ^b	46 (60.5)		1^b
3435T	53 (36.8)	67 (33.1)	0.42	1.17 [0.74-1.83]	30 (39.4)	0.33	1.31 [0.76-2.26]

n: number, %: frequency, OR: odds ratio, CI: confidence interval, p: significance, b: genotype saved as reference category, RA: rheumatoid arthritis, p: p value and considered as statistically significant at p<0.05, ,*: p still statistically significant after Bonferroni correction, a: fisher exact test.

DATASET DESCRIPTION

According to the univariate and multivariate analyses, our results demonstrated no association between clinic--pathological variables and increased risk for RA. However, some studies have shown a potential effect of patient's related variable on RA susceptibility beyond gender and age. In previous study, the immunosuppressive and anti-inflammatory effects of cigarette nicotine were demonstrated^{24,25}. In other study, it was founded that this variable seems to reduce radiographic progression²⁶. Also, the alcohol and caffeine impact on RA susceptibility was shown^{27,28,29}. Moreover, a correlation between many patients' related variables and response to Methotrexate therapy on RA patients was demonstrated such as tobacco and anti-CCP³⁰. However, in multivariate analyses these two variants in the *MTHFR* gene were not associated with response to MTX therapy³¹.

MTHFR C677T (RS1801133), MTHFR A1298C (RS1801131) AND ABCB1 C3435T (RS1045642) POLYMORPHISMS AFTER AGE AND RA EROSION STRATIFICATIONS

MTHFR C677T (RS1801133) AND MTHFR A1298C (RS1801131) POLYMORPHISMS

According to our results, the minor allele frequency (MAF) of *MTHFR* A1298C (rs1801131) polymorphism is *MTHFR* 1298C allele (26.8 %) and it is in line with the published reports [32, 33]. Regarding the frequency of *MTHFR* C677T (rs1801133) polymorphism, the minor allele *MTHFR* 677T (24.7%) is slightly different than the one found by *Hambaba L et al.* study³⁴ on the East Algerian population; this variation could be due to ethnic and geographic differences in Algerian dataset. However, our MAF of *MTHFR* 677T allele is equivalent to those reported in Moroccan, Turkish and Spanish populations^{35,32,36}.

Our case-control study (Table II) showed that the MTHFR A1298C polymorphism were significantly associated with RA with age \geq 40 and erosive RA. Previous studies have showed that, the homozygous 1298 CC confers an increased risk for RA in Italian and Jewish populations^{11,12}. On Turkish population, the MTHFR C677T (rs1801133) was associated with susceptibility of a person for development of RA³⁷. However, these associations were not confirmed by Hughes's study on American population. In fact, the allele frequencies were founded similar between patients with rheumatoid arthritis and controls of the same racial (Caucasian, African-Americans) or ethnic group³⁸. The Genome-wide association study of rheumatoid arthritis on the Spanish population reported no association between these MTHFR polymorphisms and susceptibility to RA39.

Moreover, haplotype analyses showed that these two polymorphic sites are in high linkage disequilibrium (LD), as showed in previous study⁴⁰. The same results were found in the previous study¹⁹. However, a large-scale epidemiological study has evidenced that the haplotype-based approach (the combined effect of *MTHFR* C677T and *MTHFR* A1298C polymorphisms) is more predictive than the single *MTHFR* polymorphism for total plasma homocysteine level⁴¹. In fact, based on a specific combination of these polymorphisms, there was proposed a possible model of the MTHFR enzyme dimmer arranged⁴⁰. In our study we showed that, the *MTHFR* 677C/1298C and 677T/ /1298A haplotypes may present a significant association with this disease with age ≥40 and erosive form (Tables II, III).

ABCB1 C3435T (RS1045642) POLYMORPHISM

The distribution of *ABCB1* C3435T (rs1045642) polymorphism in control group shows that the minor allele is *ABCB1* 3435T (33.1%). Our result is in accordance with the study realized on Turkish population which found that the *ABCB1* 3435T frequency is the same as our findings⁴², but not with the one on English population⁴³.

We have also studied the impact of *ABCB1* C3435T (rs1045642) polymorphism on RA susceptibility (Table II). The result of this case-control study suggests no association between *ABCB1* C3435T (rs1045642) polymorphism and susceptibility to RA. *Pawlik and al.* concluded in his study on Poland population, that the *ABCB1* C3435T (rs1045642) polymorphism is not an important factor that increase susceptibility for RA¹⁸. In the same way, in another study conducted on a Chinese population, the *ABCB1* C3435T (rs1045642) was not related to the RA occurring⁴⁴.

The difference in results between this present study and the studies describing associations between these polymorphisms explored and the occurrence of RA may be due to differences of allele frequencies between ethnic groups, genetic heterogeneity in pathogenesis of RA and different factors such as infectious, psychology and hormonal factors. The most important limitation of our study could be due to the small sample size. In fact a small sample size affects the precision of the statistical results. Another limitation of this study was that the cases were selected from just one hospital. Actually, the identified risk factors could be unique to that single hospital.

It will be interesting to explore other polymorphisms that affect the proteins implicated in folate metabolism such as the transporter solutes carriers (SLC) that were reported previously as having an important impact on MTX metabolism^{30,45}, can also influence the

369

increase the RA susceptibility. Moreover, many studies have explored the impact of *MTHFR* C677T, *MTHFR* A1298C and *ABCB1* C3435T polymorphisms on Methotrexate (MTX) therapeutic outcome in RA patients^{30,45,46}, because the MTX acts as a folate antagonist. It will be necessary to perform a pharmacogenetic study on our population.

CONCLUSION

In conclusion, for the first time in the West Algerian population, we have showed that the *MTHFR* A1298C (rs1801131) polymorphism was associated with rheumatoid arthritis with age \geq 40 and RA erosive form. The *MTHFR* C677T (rs1801133) and *ABCB1* C3435T (rs1045642) polymorphisms were identified as having a null effect. These results have to be replicated on a larger sample to confirm the involvement of these polymorphisms in RA genetic and it probably will be interesting to explore other polymorphisms involved in folate metabolism.

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